# JENNIFER JENKS, M.D. CURRICULUM VITAE

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### PROFESSIONAL ACTIVITIES

PRIVATE PRACTICE, Ann Arbor, MI (December 2013-present)

Child, Adolescent, and Adult Psychiatrist

\*Provide direct clinical care for children, adolescents, adults, couples, and families, with a focus on assessment, psychotherapy, and psychopharmacology

ST. JOSEPH MERCY HOSPITAL, Ann Arbor, MI (May 2013-August 2016)

Staff Psychiatrist, Adolescent and Adult Partial Hospitalization Programs

\* Treat adolescent and adult patients in an intensive outpatient setting, providing psychopharmacological management and therapy

PRIVATE PRACTICE, Winchester, MA (July 2004-present)

Child, Adolescent, and Adult Psychiatrist

\*Provide direct clinical care for children, adolescents, adults, couples, and families, with a focus on assessment, psychotherapy, and psychopharmacology

HARVARD VANGUARD MEDICAL ASSOCIATES, Somerville, MA and Peabody, MA (July 2006-December 2007)

Child and Adult Psychiatrist

- \* Provided direct outpatient care, including evaluation, psychopharmacology, and therapy, for children and adults
- \* Taught Harvard Medical School students in general psychiatry curriculum

# HARVARD MEDICAL SCHOOL

Titles: Instructor, Department of Psychiatry (2001-June 2009); Supervisor, Faculty Member, and Seminar Leader, Cambridge Hospital Child & Adolescent Psychiatry Fellowship Program, (July 2006-June 2009)

\* Taught Cambridge Hospital child and adolescent psychiatry fellows in a Harvard Medical School-affiliated fellowship training program; coursework included teaching the Introduction to Child Psychiatric Illness seminar (summers 2007 and 2008)

## POSTDOCTORAL TRAINING

CAMBRIDGE HEALTH ALLIANCE, Cambridge, MA, 2004-2006

Titles: Child & Adolescent Psychiatry Fellow; Instructor in Psychiatry, Harvard Medical School; Co-Chief Resident, Inpatient Child & Adolescent Psychiatry services; Co-Founder and Co-Leader, RingLeaders adolescent therapeutic boxing program; Member, Residency Training Committee Affiliations: Cambridge Hospital, Somerville Hospital, Shriner's Hospital, Massachusetts Institute of Technology Department of Pediatrics, Cambridge Eating Disorders Center

- \* Completed fellowship in Child and Adolescent Psychiatry in Harvard Medical School-affiliated training program
- \* Teaching: Instructor, Development & Play: Taught a weekly course on child development to Cambridge Hospital psychiatry residents, Harvard Medical School students, and Harvard South Shore psychiatry residents;. Clinical Supervisor: provided weekly clinical psychotherapy supervision for Cambridge Hospital adult psychiatry resident (2005-2006); supervised junior psychiatry residents and Harvard Medical Students in inpatient and outpatient hospital settings (2004-2006)
- \* Research Interests: developed Action-Based Resilience Training model that incorporated teaching boxing techniques in conjunction with a mind-body curriculum for an outpatient adolescent population to increase self-regulation, self-efficacy, and self-esteem (2005-2006); created and implemented a program within the Cambridge Public School System that taught boxing skills as a means of decreasing student aggression and acting-out behaviors (2005-2006); created and taught "DBTeen," a short-term dialectical behavioral therapy module for adolescent girls, Cambridge Eating Disorders Center (2005)

# HARVARD LONGWOOD, Boston, MA (2001-2004)

Titles: Residency in Adult Psychiatry; Instructor in Psychiatry, Harvard Medical School; Member, Residency Training Committee; Member, Admissions Committee

Affiliations: Brigham & Women's Hospital, Beth Israel Deaconess Medical Center, Children's Hospital Boston, Massachusetts Mental Health Center

\* Completed residency in General Adult Psychiatry in Harvard Medical School-affiliated training program

Teaching: Section Leader, Introduction to Clinical Practice, Harvard Medical School: facilitated clinical and didactic education in consultation-liaison psychiatry to upper-level Harvard Medical School students

# **BOARD CERTIFICATION**

Board-Certification in Psychiatry, September 2006 Board-Certification in Child and Adolescent Psychiatry, November 2007 Diplomate, American Board of Psychiatry and Neurology, September 2006-present

### **EDUCATION**

University of Louisville School of Medicine, Louisville, KY (1997-2001)

Degree: Doctor of Medicine

President, Class of 2001 (1997-2001).

\* Awarded Outstanding Student in Psychiatry

Vermont College, Montpelier, VT (1996)

\* Completed graduate-level coursework in fiction writing in Master's of Fine Arts program

University of Cincinnati, Cincinnati, OH (1988-1992)

Degree: Bachelor of Arts, cum laude, Honors Program, College of Arts & Sciences

- \* Received High Honors in history with a concentration in English literature
- \* Awarded full-tuition four-year Voorheis Academic Scholarship

King's College, University of London, England (Fall 1991)

\* Completed upper-level medieval British history and literature coursework

#### PROFESSIONAL MEMBERSHIPS

- \* American Association of Child & Adolescent Psychiatry (2004-present); Residency Representative (2004-2005)
- \* American Psychiatric Association (2003-present)
- \* Massachusetts Psychiatric Association (2003-present)
- \* New England Child & Adolescent Association of Psychiatry (2004-present)
- \* American Psychoanalytic Association (2004-2005)

# **PRESENTATIONS & MEDIA**

NBC's "Today Show" (January 10, 2007)

- \* Interviewed by national correspondent about professional and personal involvement in boxing, including RingLeaders, a program that teaches adolescents boxing techniques in conjunction with techniques promoting resilience, self-regulation, and self-esteem
- "Sex, Drugs, & Responsibility: Talking to Your Teenager About the Tough Issues"
- \* Presentation to Parent University, Child Wellness Task Force, Everett, MA (November 30, 2006)
- "Punch Drunk: My Love Affair with Boxing—A Clinician's Experience with the Sweet Science"
- \* Presentation to faculty and trainees of Harvard Consolidated Child & Adolescent Psychiatry programs, Children's Hospital Boston(June 6, 2006)
- "Mom's House, Dad's House: Helping Your Child Cope with Separation and Divorce"
- \* Presentation to Parent University, Child Wellness Task Force, Everett, MA; broadcast on local access television (April 8, 2006)
- "Effective Parenting Strategies for Parents of Infants and Toddlers"
- \* Series of weekly seminars, Massachusetts Institute of Technology, Cambridge, MA (Fall 2005)
- "Boxing: A Paradoxical Intervention to Decrease Youth Violence" Presentation to nonprofit organization Youth Opportunity, Boston, MA; featured on New England Cable News (August 4, 2005)
- "From the Crib to the Crips: Boston Youth Involvement in Gangs"
- \* Presentation to faculty and trainees of Harvard Consolidated Child & Adolescent Psychiatry programs, McLean Hospital, Belmont, MA (June 2, 2005)
- "All the World's a Stage: Theories of Human Development from Shakespeare to Freud to Erikson"
- \* Presentation to faculty and administration at Soldiers Field Park Children's Center, Brighton, MA (September 14, 2004)

Psychiatry Grand Rounds, Beth Israel Deaconess Medical Center: "Shattered Dreams: Emerging Psychosis"

\* Presentation to Harvard Medical School attending faculty and physicians, Harvard Longwood psychiatry residents, Harvard Medical School students, and community psychiatrists, Boston (February 17, 2004)

#### RESEARCH

- "Preventive interventions for parents with affective disorder" and "A follow-up study of children with families with affective disorders"
- \* Co-investigator at Harvard Vanguard Medical Associates. Chief investigator: William Beardlee, M.D., Academic Chair, Department of Psychiatry, Children's Hospital Boston (2006-2007)
- "A follow-up study of children with families with affective disorders"
- \* Co-investigator at Harvard Vanguard Medical Associates. Chief investigator: William Beardlee, M.D., Academic Chair, Department of Psychiatry, Children's Hospital Boston (2006-2007)

"The application of boxing instruction and resilience training in an integrated mental health treatment program for adolescents: a prospective study"

\* Principal researcher, Cambridge Health Alliance, Cambridge MA (2005-2006)

"Outcome following moderate closed head injury"

TW Vitaz, J Jenks, GH Raque, CB Shields

\* Surgical Neurology, October 2003, vol. 60, issue 4, p. 285-291

"Effects of lorazepam or topiramate on seizure activity and neuronal death in a model of status epilepticus"

JL Jenks and M Gruenthal, University of Louisville School of Medicine

- \* Poster Presentation, Midwest Student Biomedical Research Forum, Omaha, Nebraska, awarded Second Place (March 1999)
- \* Poster Presentation, Neuroscience Research Day, Louisville, KY, awarded First Place (February 1999)

"Outcome following moderate closed head injury"

TW Vitaz, JL Jenks, L McIlvoy, GB Shields, GH Raque, S Fix, University of Louisville Department or Neurological Surgery

- \* Oral presentation, Congress of Neurological Surgeons Annual Meeting, San Antonio, Texas (September 2000)
- \* Oral presentation, Southern Neurosurgery Society, Ponte Vedra, FL (June 2000)

"Long term outcome following moderate traumatic brain injury"

TW Vitaz, JL Jenks, L McIlvoy, GB Shields, GH Raque, S Fix, University of Louisville Department or Neurological Surgery

\* Poster Presentation, Congress o Neurological Surgeons Annual Meeting, Boston, MA (October 1999)

"Short term outcome for moderate closed head injury"

TW Vitaz, JL Jenks, L McIlvoy, GB Shields, GH Raque, S Fix, University of Louisville Department or Neurological Surgery

\* Poster Presentation, American Association of Neurological Surgeons Annual Meeting, New Orleans, LA (April 1999)